

# **Catherine Mountbatten-Windsor** **(Catherine, Duchess of Cambridge)**

Birth data:

Catherine Elizabeth Middleton

January 9, 1982

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## SUMMARY

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Short name: Catherine Mountbatten-Windsor  
Birth date: January 9, 1982

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## INTRODUCTION

### About your Personal Reading

This reading was composed for you personally, Catherine, and is based on your full name at birth, your date of birth, and the name you now use to introduce yourself. Please check your birth data on the title page to make sure the names and date of birth used are correct.

If you have two or more middle names or last names, you may find the names strung together. This is necessary to make Transit and Essence cycles function correctly. For example, the name John Patrick Henry Hancock would appear on the title page as John PatrickHenry Hancock.

Catherine, your Personal Numerology Reading describes all aspects of your chart as they are understood in numerology, accurately and in-depth.

Each chapter starts with a short introduction telling you where this particular number is found and how it affects you. This is followed by the number itself. Often, you will find a double digit number followed by a single digit.

The meaning of your number is then explained in easy to read language. Catherine, you don't need to know anything about numerology to be able to enjoy and benefit from this reading.

I hope you will enjoy your reading.

## LIFE PATH

If ever there was a moment of total transformation, it was the moment of your birth. In that instant, you stepped through a door in time into a new reality -- the reality of human life. The most important number in your numerology chart is based on the date of your birth, the moment when the curtain goes up in your life.

Even at that moment, you were a person with your own unique character, as unique as your DNA. Everything that is you existed in potential, much like a play that is about to begin. Your entire life exists as a potential that has been prepared for. Catherine, you have ultimate freedom to do with your life as you like: To fulfill its potential completely, or to make some smaller version of yourself. It all depends upon your effort and commitment. You make the decisions to fulfill, to whatever extent, the potential life that exists within you. That is your choice. In this sense, the possible you is implicit during the moment of your birth.

The Life Path number gives us a broad outline of the opportunities, challenges, and lessons we will encounter in this lifetime. Your Life path is the road you are traveling. It reveals the opportunities and challenges you will face in life. Your Life Path number is the single most important information available in your Personality

Chart!

### ***Your Life Path is 12/3***

You possess a great talent for creativity and self expression. Many writers, poets, actors and musicians are born under the 3 Life Path. Catherine, you are witty, possess a gift for gab, and savor the limelight. Your talent for the expressive arts is so abundant that you may well have felt drawn to becoming an artist while still very young. Your artistic abilities can only be developed, however, through discipline and commitment to the true development of your talent. Commitment, concentration and hard work are the only means of bringing forth your talent. Thanks to your gift for self expression, you can be the life of the party, and the center of attention. However, you could easily squander your talent by becoming a social butterfly. Your creativity is the gift that can give you the comfort and luxury you desire, but not without continual focus and discipline. You are optimistic and possess the resilience to overcome many setbacks. You are socially active, popular, and inspire people with your sunny "happy go lucky" attitude. Catherine, you can be generous to a fault. Many people born under the 3 Life Path have difficulty handling money because they can be disorganized and not particularly serious about their responsibilities. You are emotional and vulnerable. When hurt, you withdraw into a cloud of silence, eventually emerging from your reticence with jokes and laughter that cover up your true feelings. You can become moody and cynical when depressed. You can succumb to sarcastic remarks, which can be painful to those around you. When used positively, your talent for self expression can be a great inspiration force in the world, uplifting others, and bringing much success and happiness to you.

## **BIRTHDAY**

The day you were born bears great significance in understanding who you are and where your talents lie. The day of birth indicates some special talent you possess. It is a gift to you that will help you along your Life's Path. Your day of birth is one of your four core numbers -- the Life Path, Expression, and Heart's Desire being the other three. It is the least significant of the four core numbers, but perhaps the most finite, in that it reveals a specific ability you possess in a marked degree.

### ***Your Birthday is 9***

Catherine, you are broad-minded, idealistic, and compassionate. You should obtain a wide education, especially in the arts. You are highly creative. Many great artists are found under this number.

You must come to truly understand life to be of greater service to society. You have a greater social role to play that will require a blend of the practical and the humanitarian. You must have a keen sense of what will work, but at the same time directing those efforts toward some greater good.

Your challenge is to find a place for yourself that has some direct benefit to others. The more you can be of service to humanity, the greater will be your personal reward on all levels -- from the material to the spiritual.

Children born on the 9th day usually take their time before choosing a profession.

You are socially oriented and have a gift of charm. You are well-liked and even admired by others. You can relate to people in all walks of life.

You have a broad vision of the world and can see the grand scheme of things, including international politics and great social movements.

You express your feelings well, but sometimes can be a bit dramatic. You have a strong interest in philosophy and metaphysics.

Nines tend to attract money from other sources, such as inheritance or a stroke of "luck".

There is an element of sacrifice in the number 9 that demands that you learn forgiveness and unconditional love. You must avoid negative attachments. Do not hold on to people or situations because you feel that justice has not yet been done, or that someone still owes you something. Your task in life is to truly let the universe judge such situations, and rely on your own forward-moving life path to bring you the necessities and rewards you deserve.

## **EXPRESSION**

Your Expression number reveals your physical and mental constitution, the orientation or goal of your life. Some numerologists refer to this number as the Destiny, because it represents a lifelong target at which you are aiming. You work at fulfilling this potential every day of your life. Thus, the Expression number reveals your inner goal, the person you aim to be.

The Expression number reveals the talents, abilities, and shortcomings that were with you when you entered your human body. Your name, and the numbers derived from it, reveals your development, as well as the talents and issues you will be working with during this life.

For those for whom reincarnation is an accepted philosophy, the vibration of your full name can be seen as the totality of your personal evolution, the experiences, talents, and wisdom accumulated over many life times. Every experience, no matter how great or small, along this evolutionary path has influenced your development, and brought you to your current state of being.

The Expression is your being; the Life Path is the major lesson you are attempting to learn this time around. Time allows the gradual emergence of your

personality. By reading the Expression number below, you will come to understand your basic nature and the abilities and issues inherent in your being.

### ***Your Expression is 24/6***

Catherine, you are a loving and caring individual with a tendency to put the needs of others before those of yourself. You are responsible and trustworthy with a high regard for justice and honesty. Duty will follow you all your life and sometimes feel a little too much of a burden.

You are artistic. Harmony and beauty are high on your list of priorities. You have musical talent but the creative talents of a 6 are sometimes left undeveloped or suppressed as a result of your tendency to sacrifice your time and pleasure to the service of others. You are highly creative in all areas of life, particularly the visual. You are also a talented business person and can work methodically toward the realization of your goals.

You have a natural gift with flowers, gardens, and animals. Your love of children has caused numerologists to dub you the "Cosmic Mother or Cosmic Father". The very shape of the 6 resembles and symbolizes "Pregnant with Love".

You are a natural counselor and healer. But you must be careful not to interfere with the freedom of others. You are recognized as an idealist, mainly regarding marriage, friendships and humanity.

The 6 is the most balanced of all numbers, but also contains within itself the greatest paradoxes. It is as if opposite tendencies were tenuously poised. Because of its gift for harmonizing these opposites, you are uniquely qualified to handle and integrate contradictions within yourself. It is for this reason that 6s so frequently find themselves in the role of healers or counselors, creating a peace between opposing points of view, or internal conflicts within the self.

While you can be very idealistic, there may also be a temptation to acquire beautiful objects by improper means. You must also guard against other meddlesome behavior and domestic tyranny, or always having to have your own way in a family dispute.

Conversely, you have it within yourself to understand another person's dilemma and come up with a creative solution. Your natural ability to give comfort and warmth can smooth over hurt feelings like a healing balm. You attract love and appreciation. And rightly so, because you give the same in return.

You make an outstanding teacher (especially young children or special education), healer, counselor social worker, psychologist, artist, designer, gardener, florist, and farmer. You can be successful in business, especially those that involve dealing with people.

## **MINOR EXPRESSION**



The Minor Expression number is based on the current (or short) name; the name you now use to introduce yourself including your last name.

The influence of the short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers (and their related characteristics) that are missing or out of balance in the full name.

For instance, a number missing in the full name may show up prominently in the short name; or a number (or numbers) that appears in excess in the full name can be compensated for in the short name. If a name change takes place later in life through marriage or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or talents that may be latent.

### ***Your Minor Expression is 15/6***

Your short name adds love, warmth, generosity and genuine concern for others. It increases your concern for family and those less fortunate than you.

Catherine, you are better equipped to deal with duty and responsibility and even find greater satisfaction in it.

You want to do good in the world. You become more socially conscious and seek ways to better the plight of others.

Your artistic abilities are enhanced. You are more concerned with beautifying your home, or engaging in healing and teaching.

## **HEART'S DESIRE**

Your Heart's Desire is the inner you. It shows your underlying urge, your true motivation. It reveals the general intention behind many of your actions.

Consequently, it dramatically influences the choices you make in life. The Heart's desire is seen as part of the larger picture, called the core numbers, which includes the Life Path, Expression, Day you were born, and Personality. But each points to a different aspect of you.

The Expression number reveals your talents and abilities, and your general direction in life. The Life Path is the central lesson you came into the world to learn. The Day you were born is very closely connected to your Life Path. It reveals specific talents you possess, which will be helpful to you in dealing with your Life Path. The Personality reveals how people tend to see you. It also demonstrates what characteristics you are projecting to the world. The Heart's Desire demonstrates the identity of the soul that joined the earth -- you, the spiritual being.

### ***Your Heart's Desire is 6***

Catherine, your attention is directed to helping and caring for those you love. You are exceedingly domestic. You love your home and family and work hard to make both comfortable and secure. Your love for family and friends is a major source of your happiness and sometimes unhappiness.

Your desire to help others is so strong that you often find yourself sacrificing your own personal needs for someone else's. You can overdo it, becoming too deeply involved in other people's lives. You risk interfering in personal matters and or smothering those you love in too much affection. This can be especially weakening to children, who never experience their own personal strength if an adult is too protective.

You are extremely loyal and rarely let anyone down. You need to feel appreciation for your giving and caring. You want to know that you are needed.

Catherine, you are generous and very forgiving. You are somehow able to overlook the worst mistakes in another and find enough good in that person to continue the relationship.

You are patient, warm, and sympathetic, sometimes to the point of sentimentality.

You have a natural ability as a counselor and healer. You are an excellent listener, compassionate and understanding. You are able to both sympathize and empathize with a person's dilemma. Your challenge as a counselor is to be adequately educated so that you can do more than provide a sympathetic ear or shoulder.

You possess a great deal of artistic talent, though you may not have a lot of confidence in your ability. Art gives you a great deal of pleasure and satisfaction. You are especially sensitive to your environment and have a knack for creating an artistic, healing, and harmonious atmosphere in your home or work space.

Catherine, your deepest intention is to love those around you, and be loved in return. Six is the most loving of all numbers, especially in one-to-one relationships. Your instincts are toward your family and friends. You envision a beautiful and harmonious life with love as the basis for all social interaction. Your love is returned manifold; people appreciate you and the love you give, and are willing to go to great lengths to keep you close at hand.

## **MINOR HEART'S DESIRE**

The Minor Heart's Desire number is derived from the vowels of your current name; the name you now use to introduce yourself. The current name is a refinement of the more complex qualities of your longer name (the full name at birth). It sharpens and bundles the energies that are reflected by your full name. It intensifies certain aspects of your being, and de-emphasizes others. For this reason, the short name often provides insight into what you truly want in life. It

also often reveals the extent of your understanding of what you want from this life. It reveals both your strong desires, and the limits you place upon your potential.

Your feelings about your current name are different from your full name. It affects how you feel about yourself; it changes your identity slightly.

### ***Your Minor Heart's Desire is 5***

Catherine, your shortened name encourages you to seek more freedom and adventure in your life. You want to become less conventional and more individualistic. Your native intelligence and imagination are enhanced. You are more dynamic, enthusiastic, and flexible. You attract more excitement into your life. It is easier to adapt to changes with this Minor Heart's Desire.

## **PERSONALITY**

Your Personality number is derived from the consonants of your full name at birth. Your Personality is like a narrow entrance hall to the great room that is your true nature. It is those aspects that you feel comfortable sharing with people at the outset of a relationship. With time and trust, you invite others into the deeper aspects of your nature; you reveal more of who you really are, in effect, your Heart's Desire, Expression, and so on.

Your Personality number often serves as a censoring device, both in terms of what you send out, as well as what you allow to approach. It discriminates in the kinds of people and information you let enter your heart and mind. For this reason, your Personality is usually much more narrow and protective in its definition than the real you. It can screen out some of what you do not want to deal with -- people or situations -- but it also welcomes those things that immediately relate to your inner nature.

Your Personality number also indicates how others perceive you. No one can be objective about himself or herself. Even our closest friends and relatives have trouble describing how they see us.

### ***Your Personality is 36/9***

Catherine, you have an impressive and aristocratic bearing. No matter how tall you are, you appear noble and upright. You are very much in control of the image you send out to others.

Many actors, dancers, and other performers have a 9 Personality Number. You are elegant, graceful, and charismatic. Many admire you.

You have the kind of stature that pulls people to you or repels them intensely. Some are jealous of you and may seek to belittle you.

You may encourage this to some extent by the amount of arrogance you radiate. This is a caution for all 9 Personalities -- they are sometimes aloof and hold themselves above the world.

Your challenge is to come down to earth with your fellow man.

Conversely, you have a great compassion for humanity and want to dedicate yourself to improving the lot of others. You are better when dealing with the trials of the many than the trouble of a single person. You are more capable of working on the grand scale, addressing the needs of society, than on a one-to-one basis.

Catherine, you are kind and sympathetic, helpful and compassionate. Behind the controlled and calm facade, you are sensitive, vulnerable and emotional.

You have excellent taste. There is a good deal of artistic talent in you that shows in your home environment and your clothing.

You tend to see yourself as a guardian of society, a benevolent leader, guiding and directing your community toward a better world.

## **MATURITY**

Your Maturity number indicates an underlying wish or desire that gradually surfaces around age thirty to thirty-five. This underlying goal begins to emerge as you gain a better understanding of yourself. With self-knowledge comes a greater awareness of who you are, what your true goals in life are, and what direction you want to set for your life. This, in a nutshell, is the gift of maturity: You no longer waste time and energy on things that are not within your own special identity.

No matter what your age is at present, your life is being channeled in a specific direction, toward a very specific goal. That goal can be seen as a reward or the fulfillment of a promise that is implicit in your current efforts, often without your knowing it consciously. While the characteristics of this number are usually visible during childhood, we tend to lose sight of these aspects until later in life. But our lives are always being affected by this influence, nonetheless.

Your Maturity number begins to have a more profound impact on your life after the age of 35. The influence of the number increases steadily as you grow older.

### ***Your Maturity is 9***

Catherine, your concern for the well being of society will grow more powerful as you come to maturity. You will be drawn to doing much public service. The long-term good of your community and even the world will occupy your thoughts increasingly.

As you mature, your appreciation for the arts and beauty in any form will also increase. It is quite possible that you will be actively involved in the arts, if that is not already the case, often as a benefactor.

Service to humanity is fundamental to your life. You will grow in understanding and wisdom as you mature. Involvement with international affairs or humanitarian service offers you much satisfaction.

If you already have several 9s in your chart, especially among the core numbers, you will have to guard against arrogance, aloofness, and alienation.

If you have few 9s in your chart, or none at all, you will gain a sense of your personal place among the human race. You will feel you belong and that you have provided something of lasting value for the future.

## **L/E BRIDGE**

The Bridge numbers in your chart are the numbers that indicate how you can make the relationship between the individual core numbers in your chart easier and more compatible. Bridge numbers have the potential to "close the gap" between the Life Path and Expression number, or the Heart's Desire and Personality number.

In this chapter we will explain what you can do to make your talents, strengths, and specific abilities (Expression number) more easily available and fitting the needs of your main lesson(s), and expected direction of growth (Life Path).

### ***Your Life Path / Expression Bridge number is 3***

Loosen up a bit, Catherine. Have some fun; recharge your batteries. Be more generous to yourself. Communicate your deeper feelings without fear to those close to you. Be more creative, particularly in the areas of dancing, writing, acting, or poetry. Develop faith in yourself.

## **H/P BRIDGE**

Several Bridge numbers can be found in your chart. The Bridge number between the Life Path number and the Expression number was described earlier in your reading. The following Bridge number relates to your Heart's Desire number and your Personality number. This Bridge number, the Heart's Desire - Personality bridge, explains how you can make your deeper self -- your needs and desires, your true nature -- more aligned with the part of your personality others tend to recognize when they meet you. With a little exaggeration, you could say that your Personality number is somewhat like your mask. It is the more superficial you; a protective shield and a camouflage of the deeper you. You can easily imagine how much more comfortable, and less self-conscious, the experience of life becomes when your deeper and more real you is closer and more fitting to the personality you reveal on a day to day basis.

### ***Your Heart's Desire / Personality Bridge number is 3***

Loosen up a bit. Have some fun; recharge your batteries. Be more generous to yourself. Communicate your deeper feelings without fear to those close to you. Be more creative, particularly in the areas of dancing, writing, acting, or poetry. Develop faith in yourself.

## **KARMIC LESSONS**

Numerology is based on the understanding that we enter life with certain strengths and weaknesses. Karmic lessons are areas that we are currently weak in and must be faced and worked on in this life. There can be more than one Karmic Lesson. These are indicated by the absence of certain numbers in your name.

The letters and numbers of your name point to talents and abilities that you possess. These characteristics can be compared to a workshop in which certain tools are available to you. Missing numbers, those that are not represented in the letters in your name, imply tools that are unavailable, and must be learned and mastered during this lifetime.

You may well recognize your Karmic Lessons as weaknesses you have learned to overcome in the course of your life, however, the challenges implied in your Karmic Lessons will continue to come up occasionally for the rest of your life.

### ***You have a Karmic Lesson 7***

Catherine, you need to deepen your knowledge and talents in a specific discipline. You lack the will or determination to perfect yourself or a specific talent you possess. You must learn to be your own critic, without self condemnation, in order to bring your abilities to their full development.

You will learn not to take things at face value. A superficial understanding of important matters will prevent you from experiencing the satisfaction of your true potential.

The effects of this Karmic Lesson are diminished if you have at least one 7 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

## **HIDDEN PASSION**

Your Hidden Passion reveals one or more special strengths and talents that you rely upon and are available to you. The Hidden Passion represents your

specific field of expertise, or a concentrated talent.

Metaphorically, this talent can be seen as having a power all its own to shape your life. Its existence gives you a strong desire to develop and to express that particular ability. Having the talent demands that you express it, that you experience this part of you, and that you live according to its nature. In this way, the Hidden Passion shapes your personality, and guides your life.

### ***Your Hidden Passion is 5***

Catherine, you love travel, change, and new challenges. You are highly adaptable and versatile. You have a talent for languages, and are generally good with words. Writing, promotion, and public relations work suit you perfectly.

You are sensual and a bit impulsive. You love to satisfy your senses, which can get you into trouble. Overindulgence in food, drink, sex, and drugs are common among people with too many 5s -- six or more.

You are resourceful and original. You have a good sense of humor and a quick tongue.

Your desire for freedom is extremely strong and it will take effort and discipline to stick with whatever it is you started. There is a tendency to give up a project or situation prematurely.

Catherine, you may be interested in too many things, which can make it hard for you to apply yourself to one area successfully.

You are very unconventional.

Commitment in relationships and your work is fundamental to your happiness. You may have a tendency to wander from person to person, job to job, making depth of relationship or deep expertise difficult.

## **PLANES OF EXPRESSION**

Each of us experiences life on four different levels: with our physical body; our mental faculty; our emotional makeup; and our intuition. Each of these areas has a specific means of perceiving information. The physical body is capable of touch, taste, pleasure, and pain. It provides us with a sense of the physical world. The mental body, like the emotional and intuitive natures, perceives the invisible worlds. Our minds deal with the world of thought. The heart, of course, is preoccupied exclusively with the world of emotion. Our feelings teach us many things about ourselves and about others. Finally, we have the capacity for direct contact with the higher realms by way of intuition. Intuitive insight comes in a flash. It is not rational -- that is the world of the mental plane -- but comes as if it were placed at the doorstep of our minds. Intuition, therefore, bypasses all effort.

These four faculties exist in all of us. But each of us depends more on one or two of them for the bulk of our knowledge. Some of us are possessed by our

senses, while others live almost exclusively in our hearts, or minds.

Numerology indicates how we as individuals function on each plane.

The letters of the alphabet are divided in four categories: physical, mental, emotional and intuitive.

The proportion of each category in your name gives a good indication of which Planes of Expression are strongest in you, and which ones are weaker.

These Planes of Expression can greatly help you to understand your talents and abilities.

## **PLANE OF EXPRESSION PHYSICAL**

### ***Your Plane of Expression Physical is 19/1***

Catherine, you are active and inspiring; you are daring in business and other areas of life.

You have strong likes and dislikes and live according to your opinions.

You are charming and witty but get bored easily. You work hard and determined and are very goal-oriented. You thrive on the combination of enthusiasm and challenges, the lack of which makes you dull and disinterested. You are like a flare, burning brightly for a specific duration, but must move on to other projects in order to sustain your excitement.

## **PLANE OF EXPRESSION MENTAL**

### ***Your Plane of Expression Mental is 16/7***

Catherine, you have a studious and scholarly mind. You may have a genius for one particular field of study. You study a subject in depth, and abhor a superficial understanding of anything you regard as important.

You analyze things down to the infinitesimal particles. You want to know the inner workings of things. What makes them tick. You may be too occupied with your thoughts and have a tendency to withdraw, especially when you are emotionally troubled.

You can be extremely critical of yourself and others. You analyze personalities with an eye toward finding out their secrets and faults. Your mind can look too much on the dark side of things, as if that were the more fundamental part of a human. Your challenge is to use your fine mind constructively, and to attain faith.

You have excellent intuition, which serves you well in life.

## **PLANE OF EXPRESSION EMOTIONAL**



### ***Your Plane of Expression Emotional is 40/4***

Catherine, you distrust emotion. You want to control your emotions. You love order, which makes you dislike any sort of emotional situation, or turbulence. But this repression can cause you much anger and even nervous tension.

There is an unnecessary acceptance to unfavorable circumstances and relationships. This should be avoided.

You can manage and organize; you are good with details.

## **PLANE OF EXPRESSION INTUITIVE**

### ***Your Plane of Expression Intuitive is 3***

Catherine, you are very original, imaginative and sometimes have fantastic ideas about spiritual matters. You are very artistic and inspiring. You have a talent with words, and may be drawn to the pulpit.

Your intuition is above average but you tend to color and exaggerate your insights.

## **BALANCE**

People experience different internal responses to life's challenges. Some withdraw from difficult situations to think them through; others withdraw from their emotions, to try and keep themselves from feeling anything. Some explode with emotions, but allow the explosion to pass quickly. Others linger with their feelings, holding on to them well past the time they should have let them go.

Very often, these are conditioned or emotional responses that emerge without thought or analysis. Maturity and self-development help us to learn new and more effective methods of handling our world and the problems we confront. Your Balance number provides you with the guidance on how best to deal with difficult or threatening situations.

### ***Your Balance is 3***

Catherine, be more lighthearted and optimistic in your approach to problems. Try to work with others toward a mutually satisfying solution. Use your considerable charm to influence the situation.

You can be extremely emotional when faced with a problem. Try to control this tendency; you need a degree of objectivity. You may become too personally attached to the solution you seek, thus failing to see that the outcome can be beneficial to all concerned.

## **RATIONAL THOUGHT**

Your Rational Thought number reveals what can probably best be described as the way you think. Are you a practical, methodical thinker, or a dreamer? Do you frequently allow your imagination to color your perception? Are you unconventional and original in the face of a practical problem, or do you stick to proven methods?

This is the kind of information revealed through your Rational Thought number.

### ***Your Rational Thought is 56/2***

The 11 is the illuminator. Catherine, you have answers and insights based on the proverbial light bulb. Your Rational Thought number is the most magical and difficult to understand (for others). You have the makings of an inventor, or a spiritual guide. You would do well relying heavily on your intuition. You sense things more accurately than you analyze.

## **CORNERSTONE**

The first letter of your first name gives an additional indication to your character, particularly as to the manner in which you approach opportunities and obstacles. The first letter is called your Cornerstone.

### ***Your Cornerstone is C***

You are intuitive and demonstrative of your feelings. Catherine, you have good self-expression and a strong sense of humor. You are inspiring, cheerful, melodramatic, and even extravagant at times. You are outspoken and spontaneous. You are lighthearted and optimistic.

## **SUBCONSCIOUS SELF**

Your Subconscious Self reveals how you react to demanding situations. It indicates your ability to get the most out of your talents and opportunities, especially when you face new or challenging circumstances. The Subconscious Self also reveals the areas of our character that need to be strengthened.

### ***Your Subconscious Self is 8***

Catherine, you handle unexpected situations in an efficient manner and often manage to get the best out of it. You learn quickly and usually do not repeat the

same mistakes. You want to be rewarded for your efforts and relate your success to the material aspects. You are dependable and solid in almost any kind of situation. You do not panic or scare easily. You have a business-like attitude to problems and realize quickly what needs to be done. You have a good understanding of money and matter. You are a survivor. You show leadership and organization and are physically courageous and competent.

## CHALLENGES

Each of us is born with both strengths and weaknesses. Numerology looks at life as if it were an educational process that is meant to bring out and enhance our talents, and turn our weaknesses into strengths. This serves to complete our being.

The job of becoming whole is one in which we must face our weaknesses and consciously work to improve ourselves. There are four Challenges to be faced during our lives. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.

The Challenges on your life's path provide specific lessons that you must attend to, and, in order to inspire and help you, life will place you in situations that require the specific characteristics of your Challenge numbers.

The four Challenges you are required to overcome during the course of this lifetime will influence you during different periods of your life, except for the Third or Main Challenge, which lasts from birth until death. The Challenges are fluid periods of your life, not confined to specific years so much as general periods. All of your Challenges are present at birth, like actors standing in the wings.

### THE FIRST CHALLENGE

The duration of the First Challenge usually lasts from birth until approximately the age of 30 to 35.

#### ***Your First Challenge is 8***

Catherine, you risk making money and power the main priority in your life. Your desire for financial wealth threatens to obscure your other human characteristics and spiritual well being.

This Challenge causes financial concerns to overwhelm all other needs, and influences everything you do. You risk the fate of Midas, turning everything into gold, yet isolating yourself from other parts of life.

For many with this challenge, there is a danger of becoming so obsessed with materialism that they may be tempted to ruthless and unscrupulous business practices, possibly crossing the borders of the law and causing themselves and

others much misery.

You are facing a very real spiritual test in which you must realize that "Man does not live by bread alone." If you overcome this hurdle, you will achieve real spiritual and material balance, and can make yourself a powerful river, bringing an inexhaustible supply of nourishment to all, rather than a lake, whose nature is limited and can easily grow stagnant and can no longer support life.

## THE SECOND CHALLENGE

The Second Challenge usually lasts until the age of about 35 to 40.

### ***Your Second Challenge is 7***

You are highly skeptical of anything that cannot be proven to you. Catherine, you are particularly doubtful of anything having to do with spiritual matters. It is, therefore, difficult for you to find a personal philosophy that would give you peace of mind and insight into the purpose of your life.

You repress many of your natural inclinations because they do not fit into your intellectual or rational thinking.

You are in need of the part of your being that you are now repressing: the child within.

All the characteristics that have to do with the irrational and holistic side of life -- spirit, humor, playfulness, and intuition -- are being shut out.

Catherine, your challenge is to find some philosophy and, ideally, a community that will give you additional perspectives, and force you to bring out the many other characteristics that are a fundamental part of you. Otherwise, you risk loneliness and isolation.

Catherine, you have to learn faith. When you consider that most of life is made up of the invisible world -- thoughts, emotions, insight, and love -- you can begin to appreciate that only a small part of life is within the domain of your senses.

You may have too much pride. You may experience a deep and humbling transformation that will set free the inner being you are keeping trapped within you.

## THIRD CHALLENGE

This Challenge carries much weight and will be felt throughout your life. For that reason, it is also called the Main Challenge.

As you master this challenge, your life will come more and more under your own control. You will incorporate the positive aspects of the challenge into your character. This is its purpose in the first place. Therefore, there is implicit in the

challenge a chance for great reward.

In short, this may be the secret to your success.

### ***Your Third Challenge is 1***

You must learn to be independent. Catherine, you will be forced to stand up for yourself and your rights. You will be faced with situations in which you will have to choose between standing up for what you think is right versus giving in to another person's demands. You will have to struggle to strengthen and know your own will power.

You will have to learn to be firm and trust your judgment. Don't run with the crowd, be an individual. This whole lesson represents the frontiers of your consciousness. Therefore, you will have to experience much trial and error, sometimes exploding with bursts of aggression, other times being intimidated and letting frustration and anger build within you until you are ready to act on your deepest instincts.

Catherine, you will learn your own set of values; you will develop into an individual with original and innovative ideas.

If you have 1s in your core numbers or in your Hidden Passion this challenge will not be as difficult to learn, or as strongly felt.

## THE FOURTH CHALLENGE

The Fourth Challenge is most strongly felt during the latter part of our lives, beginning at the age of approximately 45.

### ***Your Fourth Challenge is 1***

(This Challenge is the same as the Third, as described above.)

## PINNACLES

The Pinnacles are four long-term cycles, or periods, on our Life Path. Each Pinnacle represents a particular lesson we are working on. The first Pinnacle usually lasts from birth to between the ages of 30 and 35 (your specific Pinnacle periods are provided below). The middle two Pinnacles each last nine years. The last Pinnacle will stay with you for the remainder of your life.

The Pinnacles are very important. The transition from one Pinnacle to the next is always strongly felt. Your Pinnacles reveal the general conditions and events you will experience during the period. The Pinnacle describes the atmosphere, or the essential challenge you will be faced with.

You can prepare yourself for the times ahead by knowing your approaching

Pinnacle number.

The transition from one Pinnacle to the next is usually prepared for approximately 2 years in advance. The latter part of that two year period is particularly strong. Catherine, you will likely make some life-altering decisions -- marriage, job or career change, or any number of major changes in your character.

Perhaps the most strongly felt change -- internally as well as externally -- is the transition from the first to the second Pinnacle. This change usually takes place in your late 20s or early 30s -- the exact date depends on your Life Path number and is provided below. You begin to feel the impact of this coming change approximately two years prior. This is usually a difficult transition, but once crossed usually provides a clear sense of direction in one's life. It also gives you a much firmer sense of your identity. It is a gateway to maturity.

### ***Your First Pinnacle (from birth until age 33) is 1***

Catherine, this is a period requiring much independence, courage, resiliency, and initiative. You must bounce back after many difficult experiences. The challenge of this Pinnacle is to gain will power.

There is not a lot of support from others or from family. You must draw from your own strength. You will have to guard against self pity or surrender.

Keep focused on your dreams. This Pinnacle will require an iron will to keep hold of your goals, and also the flexibility to maneuver around difficulties, and bend with the winds of adversity.

This is a period of rapid self-improvement and growth. You will be forced to use every talent and capability you possess. You will need to be resourceful.

Catherine, you must continually put out effort, but with it comes great reward. Without it, there is no accomplishment nor satisfaction, only a negative attitude toward life.

Be careful not to become too self centered, headstrong or self important. Be strong but flexible. Be open to the counsel of others, but make up your own mind.

The benefit of this Pinnacle number is a strong sense of your individuality and strength. You will know what you are made of. There are many hidden gifts in this period, perhaps the greatest of which is faith.

Your Pinnacle provides you with the characteristics of leadership, boldness, and daring. You will have many unconventional ideas and the skill and courage to make them a reality. Your abilities to manage and organize people and institutions are greatly enhanced. You have vision and confidence in the worth of your dreams.

These characteristics provide great opportunity for success and major accomplishments.

## ***Your Second Pinnacle (from age 34 until age 42) is 11***

This is a challenging period in which you are at a high point of sensitivity and intuition. There is so much going on in your psyche that you can suffer much confusion over direction and identity. On the other hand, there is a wide open channel between the personal consciousness and the higher realms of the unconscious. Catherine, you are constantly being inspired and even assaulted by information and insight.

Because of the intensity of these revelations, you must learn to ground your life in faith and a practical vocation that keeps your feet on the ground everyday.

This is a period of enormous spiritual and personal growth. You will come out of it with a highly uncommon clarity and understanding of life. At the same time, it is a period of enormous demands, emotionally and spiritually. Any attachment you might have to specific identity traits -- who you think you are and why you are here, for example -- is constantly challenged.

There is a desire to settle into some field or way of life to attain stability, but the energy of this Pinnacle is not allowing it. It is as if there is a destination, or destiny, to which you are being driven. You do not feel in control of this process. Instead, you are acutely aware of the forces that are shaping your life. You must surrender to them.

Meanwhile, you experience the emotional turmoil that can come with this highly charged period.

There is a definite, even compelling, sense of being different. You are aware of a feeling of receiving special attention from spiritual forces. Your perception of life is somehow more acute than others; you see more clearly and more spiritually due to your high degree of sensitivity. It is as if you have a perfectly accurate peripheral vision, in which everything stands out in sharp relief. At times you may feel that you can see into the souls of things.

At the same time, you may feel like a foreigner to the earth. You are completely impractical. Sometimes you may feel that you do not understand the workings of the physical world. Practical things escape you. You feel awkward and clumsy at times, and are aware perhaps how fluidly other lives are going. This increases your sense of being an outsider.

Catherine, more important than all the awkwardness and feelings of being different is the overwhelming sense of having a purpose or a message to reveal that will make other people's lives happier, healthier, and more at peace. You want desperately to bring this out.

The challenge of the 11 Pinnacle is to remain grounded and attached to this dream. You must find practical and useful ways to be of service to others, at the same time developing yourself so that one day you may be able to bring forth that which is within you.

The influences of this period make you highly creative, innovative, and

inventive. You have a completely unconventional approach to problems. Trust your intuition, seek harmonious settings to restore your sense of inner peace, and work hard to keep your feet on the ground. This period will bring great rewards on all levels, and with perseverance you will find your rightful place.

### ***Your Third Pinnacle (from age 43 until age 51) is 3***

This is a highly creative period. Catherine, your self-expression is greatly enhanced. Your creative and artistic talents will peak. You should do everything possible to refine these abilities and make the most of them. Many under the 3 Pinnacle are drawn to writing, the theater, singing, and dance. Your chances of success are also heightened. Hard work in any artistic field that one has a talent for can result in much reward.

This is also a highly social and emotional time. You attract friends and admirers with your charm and gregarious nature.

You have the ability to inspire and motivate people. Your upbeat energy causes people to want to work with and for you.

This is a lucky period, as well. You can overcome problems with considerably less effort than in the past.

All of this can lead to self-indulgence and lack of productivity. Life is a little easier, which can make you less vigilant. You need focus and discipline. Under the influence of this Pinnacle, hard work is the key and the challenge to making the most of your opportunities.

Be careful of impulsive behavior or doing things on a lark. You must know your limits during this period. Be careful of your money; balance your accounts. Guard against disorderly thinking and behavior. Otherwise, you may do things you regret or simply squander away so many opportunities.

Children born under this Pinnacle must be disciplined and kept from being spoiled. An early education in the arts will inspire the child to make the most of his or her artistic talents.

### ***Your Fourth Pinnacle (from age 52) is 3***

(This Pinnacle is the same as the Third, as described above.)

## **CYCLES**

Like most stories, there are three great divisions of our lives: the First, or opening period, finds us groping to find our true nature; at the same time, we are trying to cope with the powerful forces that are present in our environment, our parents and the socio-economic conditions of our family, for example. The Second Cycle, or middle period of our lives, brings about the slow emergence of



our individual and creative talents. The initial part of this cycle -- the early and mid 30s -- represents a struggle to find our place in the world, while the late 30s, 40s, and early 50s, sees us with a greater degree of self-mastery and influence over the environment. The Third, or final Cycle, can represent a flowering of our inner being, such that our true nature has finally come to fruition. It is during this period that one has the greatest degree of self-expression and power.

***Your First Cycle (from birth until age 33) is 1***

This is a period of much intensity. It requires fortitude, courage, and flexibility. Catherine, you will be forced to use every one of your talents in order to achieve your own personal individuality and independence. This is a period of integration and a focusing on your life's dream. Your grip on your direction will be tested, but somehow the resources are available to overcome any obstacle and emerge from this time all the stronger. It is a time requiring independence, resilience, and strength, but these characteristics become integral part of your personality. This cycle marks a time of progress.

***Your Second Cycle (from age 34 until age 60) is 9***

This is a period in which a broad view of humanity and a sincere concern for the well being of others will be developed. Tolerance, acceptance, and universal love are the goals of this 9 Cycle, and while such perfection will not be fully achieved, the person under this influence will grow toward these ideals. Humanitarian principles and social service are the keys to personal happiness. All work directed toward the improvement of the general welfare will bring great personal rewards, as well. Hard work directed toward higher ideals is rewarded. Creative talent is also enhanced, especially when it is joined with some larger social purpose or message. There is an element of sacrifice or letting go, as one is asked to forgive past grievances and let go of negative attachments. The person is being asked to live according to a higher ethical standard, with much spiritual and personal enrichment as his reward.

***Your Third and last Cycle (from age 61) is 2***

This is a period of slow and patient development. Catherine, you are acutely sensitive to your surroundings and highly intuitive. You possess a gift as a peacemaker and have tremendous power through gentle persuasion. Cultivate the talents of tact and diplomacy. Cooperate with others. Musical and other artistic talents come to fruition. Partnerships are important, requiring understanding and compromise. You need patience and flexibility, but you are under a gentle and benevolent influence in which others are happy to support you.

Seek out beauty and harmonious environments, spend time in nature, and enjoy the peace of close companionship. This is a period of slow but steady progress.

## **TRANSITS**

The Transits are the individual letters of your name that combine to form the Essence, which is the number that reveals a great deal about your year ahead. Your name can be seen as a piece of music that vibrates in time. Each note, or letter, has a specific duration and influence over the course of your life. Catherine, your life, therefore, can be seen as a musical score, with the individual letters making specific contributions at given points, just as notes in a musical piece are played at specific points to give a piece of music its rhythm, character, and nuance.

The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.

### **THE PHYSICAL TRANSIT**

#### ***Your Physical Transit for age 35 is I***

This is a very emotional time with many ups and down's. Catherine, you are high-strung and vulnerable to stress. You are somewhat accident prone. You need to develop calmness, centeredness, and an acceptance of life. You must control your moods and not slip into feelings of self-pity and insecurity. At the same time you are very competitive and have the opportunity to achieve success and financial reward.

#### ***Your Physical Transit for age 36 is I***

(The Physical Transit for age 36 is the same as that for age 35, as described above.)

#### ***Your Physical Transit for age 37 is N***

Catherine, you will have opportunities to expand your horizons. There will be adventurous experiences and travel. A change of residence is very possible. This is a dynamic time with many new activities. You will make some important social contacts. You search for love and fulfillment. Sacrifice, adaptability and flexibility are called for. You will also be concerned with finances and may worry too much about these matters. You tend to be forgetful during this time. You will also feel more sensual than usual. Physical exercise is important during this period.

## THE MENTAL TRANSIT

### ***Your Mental Transit for age 35 is H***

Catherine, your mind will be very active during this year. Your thoughts are surprisingly unconventional. You come up with original, even inventive ideas. This is an ambitious time and self-promotion will pay off. Advancement and success are possible. You have self-discipline and a clear understanding of what you want. Emotionally you are a little vulnerable and in need of love and attention.

### ***Your Mental Transit for age 36 is H***

(The Mental Transit for age 36 is the same as that for age 35, as described above.)

### ***Your Mental Transit for age 37 is H***

(The Mental Transit for age 37 is the same as that for age 35, as described above.)

## THE SPIRITUAL TRANSIT

### ***Your Spiritual Transit for age 35 is O***

This is a time of strong emotional experiences, which can affect your health if you let it. Catherine, you may find yourself worrying unduly. There is much responsibility placed on your shoulders, with sensitive emotional issues involved. You will find yourself more interested in religious and physical studies. Your leadership abilities are enhanced during this time.

### ***Your Spiritual Transit for age 36 is O***

(The Spritual Transit for age 36 is the same as that for age 35, as described above.)

### ***Your Spiritual Transit for age 37 is N***

Catherine, you will have opportunities to expand your horizons. There will be adventurous experiences and travel. A change of residence is very possible. This is a dynamic time with many new activities. You will make some important social contacts. You search for love and fulfillment. Sacrifice, adaptability and

flexibility are called for. You will also be concerned with finances and may worry too much about these matters. You tend to be forgetful during this time. You will also feel more sensual than usual. Physical exercise is important during this period.

## ESSENCE

The Essence Number and the Personal Year Number are the two essential indicators of the forces that will influence your life during the course of any year. While the Personal Year runs from January to January, the Essence is most strongly felt from birthday to birthday. For example, if your essence number is 8 for the year 1988, you would begin to feel the influence of that 8 most powerfully after your 1988 birthday. The influence would begin to wane during 1989 and would finally end at your birthday of 1989.

The Essence number indicates the lessons you will be dealing with during that year. It says a great deal about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year, that is, which types of behavior will be supported by your milieu, and which ones will be less effective.

### ***Your Essence at the age of 35 is 23/5***

This is an important time of progress and advancement along the lines of your talents. Catherine, you will experience a relief from burden and increased personal freedom. Any talent you possess in writing, public relations, and the arts will be greatly enhanced. At the same time, business matters flow quickly and new opportunities for expansion seem to arise out of nowhere.

People are attracted to you and seek to help you achieve your goals. You possess an almost magical ability to promote yourself. Your fluency with words is greatly increased. You are more charming and attractive, which opens many new doors.

This is a period of travel and much learning. Opportunities to visit distant lands, encounter foreign cultures and peoples, and learn about life will come to you. Your personal growth will speed up considerably.

As such, many old habits and outdated methods will fade from your life. It is as if you are being catapulted from the old and outworn, into a new and fast-paced period of personal growth and development.

Catherine, your desire to satisfy your senses will also increase dramatically. You must be careful not to overindulge in food, alcohol, sex, and even drugs.

Sudden events and chance occurrences will come your way. You must be alert to your opportunities. This is not a period of sitting back and waiting, but a time to move ahead rapidly.

Your challenge is to remain focused on your more long term goals. Be disciplined in your work. Don't have too many irons in the fire. Sort out the important projects and endeavors and see them through from start to finish. Focus, discipline, and completion are the keys to your success.

***Your Essence at the age of 36 is 23/5***

(The Essence for age 36 is the same as that for age 35, as described above.)

***Your Essence at the age of 37 is 18/9***

This is a period during which your ideals will be tested and forged anew. Catherine, you will be broadened in ways that you would never have dreamed possible. You will likely experience a dramatic psychological and spiritual expansion. Old relationships that no longer have a place in your life will be let go of. Even old habits or characteristics that you believed were fundamental to your identity seem to evaporate.

There is a need to forgive those in your past and let them get on with their lives, as you must with yours. Hanging on to negative attachments, either out of anger or a sense that justice has not yet been done, will bring you much misery and, if the courts are involved, protracted lawsuits.

You now have the ability to reach out to the masses. This is a time requiring much self-sacrifice and service to others. You are deeply affected by the pain and sufferings of others, and will feel a need to change your milieu or society for the better.

Those in the arts, especially actors, writers, and other performers, will see an enhancement of their talents and the opening of many new opportunities for advancement.

Catherine, your focus is outward in a big way. Teach, perform, and advance society in your own way. Dedicate yourself to a higher cause. These are the areas that will meet with much success.

Conversely, selfishness, negativity, and pettiness will blow up in your face. The time demands a broad view of life. You are now the visionary, who must see the greater trends in humanity.

Out of this will come much compassion for all. This is the lesson of the period: That as you work for the greater good of society, you will be personally rewarded, so much so that your cup will runneth over.

## **PERSONAL YEARS**

Your Personal Year number is a strong indication of the trends and circumstances you will experience during the year ahead. Your Personal Year

cycles are based on the Universal Year cycles and therefore run concurrent with the calendar year. Transit and Essence cycles are based on the letters of your name and run from birth date to birth date.

There are nine personal year numbers, which makes up a complete Epicycle. Each Epicycle reveals the progression or evolution of a specific part of your growth. Catherine, your progress along this Epicycle can be seen very logically, from the infancy or beginning of a growth period in your life, to the conclusion or culmination of that process. The 1 personal year indicates your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle. Below is a description of your current Personal Year. It indicates where you are on the 9 year Epicycle.

The Personal Years form the building steps that mark your progress through life.

### ***Your Personal Year for 2017 is 2***

Catherine, this is a year to carefully protect and nurture your plans. You will be like a mother watching over her children, conscious of every threat, real or imagined.

You need tact and cooperation to keep yourself moving forward. There will likely be confrontations with others, requiring a subtle and gentle approach. You will have to stay focused on your goals, yet use intelligent persuasion. Being forceful may work against you; compromises will work in your favor.

You will be unusually sensitive and may wonder at times what happened to the drive and momentum you felt last year. This year requires something else from you now -- a delicate sense of balance and a willingness to go around obstacles, without losing sight of your goal.

You may experience some emotional depressions and frustrations. The year is marked by struggle, but there are many opportunities to advance your plans.

This is a year of slow growth, requiring patience.

Be discriminating in your associations and secretive about your plans. Don't talk too much about your ideas; be a bit secretive; guard yourself and your ideas. You are somewhat vulnerable this year.

This is a good year to improve yourself through reading and research.

Catherine, your growing awareness of the less visible and less obvious aspects of life will make you much stronger and better prepared for the future.

You must be wise in all your relationships and associations this year. You are far more capable of establishing close, even life long relationships this year. Because sensitivity and openness are heightened, many people find their "soul mate" in a two year.

May is the pivotal month in the year. You are extremely intuitive and sensitive.

You are also self-reflecting and better able to influence your peers and situation through spiritual awareness. July brings a culmination of plans and a distinct step forward. August sees things become more concrete and brings a new beginning. September is emotional, requiring adjustments, tact, and inner resolve. The 2 year is a year of growth and advancement, but through gentle means, and the indirect use of your personal power.

### ***Your Personal Year for 2018 is 3***

This is a year of expansion and personal growth, Catherine. It is a time of heightened personal expression. Creativity and artistic talent come to the forefront. You are lighthearted and drawn to all kinds of social events.

More than most other years, you will entertain and be entertained. You meet new and exciting people. It is a time to appreciate all that you have.

You are highly dynamic and charismatic. Your challenge is to avoid scattering your energies. You have a rare opportunity to bring forth new and creative ideas. But that requires discipline and focus.

It is easy to be optimistic and enthusiastic this year and this may result in speeding up your projects. Yet there will be delays and disappointments unless your enthusiasm is based upon the reality of work and concentration.

This is a pleasant time in which friendship is enjoyed and love shared easily.

This is often a good financial year, particularly if your creativity is well directed. Surround yourself with upbeat and positive people.

Catherine, you may travel more than usual, which in all likelihood will be filled with exciting people and pleasure.

Control this year's tendencies towards glamour and extravagance, yet allow yourself more room to enjoy and celebrate.

You communicate well this year and are more capable of getting your ideas across.

Love is in the air.

February brings changes; June sees the completion of a project and July signals a new beginning. August can be emotional, as can November.

### ***Your Personal Year for 2019 is 4***

This is a year to be organized and practical. Take care of details. Commit yourself entirely to your goals.

Catherine, your concentration and ability to focus will be much improved over last year. You will have an attitude of realism and determination.

There can be a sense of limitation and some frustration this year. However, it is a year of important opportunities that must be seized. There can be considerable work-related travel.

You must be flexible this year to make full use of the opportunities that present themselves. It will require a combination of perseverance, hard work, and versatility.

You will receive recognition for your efforts and support from your friends and family.

It is a good year to buy real estate or remodel your home. It is also a good time to take care of projects which have been postponed for too long.

Fulfill your obligations and do not be afraid to spend some of that hard earned money. Selling and trading during this year usually is quite successful.

This is the year to work on your foundation and prepare yourself for the many changes that will undoubtedly come next year.

As a result of your hard work, there will be much satisfaction and a feeling of accomplishment.

January and February will bring some important change, a new opportunity perhaps. March requires self-reflection and reshaping of your plans. It is a good time to meditate on what lies ahead. June brings a new and important step -- a breakthrough, perhaps -- in your work. October brings changes and a sense of chaos. Catherine, you may feel threatened by the changes that are on the horizon. But November brings assistance in the form of a promotion or additional financial support.

## **PERSONAL MONTHS**

### ***Your Personal Month for January 2018 is 4***

Catherine, January is a 4 Personal Month in a 3 Personal Year and offers opportunities for progress in your career. You are inspiring and motivating to yourself and others and know how to express your ideas. Your creativity is enhanced. You find original solutions and manage to implement them. Your co-workers and superiors are impressed. You are optimistic and light-hearted this month which further enhances your work situation.

However, you will have a tendency to be impulsive and may find yourself with your foot in your mouth. Make sure you have the information to back up any claims. You also may have a tendency to procrastinate, which can spoil opportunities and damage your career.

This is a month to be on your toes and take full advantage of a favorable combination of cycles. If you have considered remodeling or redecorating your house, or starting a gardening project, now is the time to get started.

Marriage or a romantic relationship takes on more depth.

### ***Your Personal Month for February 2018 is 5***



Catherine, February is a 5 Personal Month in a 3 Personal Year. It will bring changes, excitement, and perhaps some upheaval. You may move, travel, or go on an unexpected trip.

Carefully prepared plans confront the unexpected: events and people you had not expected. Those who are flexible and not afraid of changes will enjoy this month, but those who rigidly try to stick to expectations and refuse to adapt will experience a difficult time in which almost nothing works out, no matter how hard you try.

This is a month to allow the forces of nature to guide your ship. Despite these disruptions, do not give in to impulsiveness or irresponsibility. Make the plans you can; adhere to them as well as possible, and be flexible.

Love is exciting, adventurous, and playful. You uplift your partner and reveal your deeper self. Hidden thoughts and desires that you have kept hidden during the past two years come freely to the surface. Catherine, you are open and childlike and for that reason very attractive to the opposite sex.

A word of caution for those who are uncomfortable with this kind of openness: Do not allow fear to turn this wonderful urge to share your thoughts and feelings into a superficial act.

If you have a tendency to self-indulgence, this month's cycles are dangerous. Be cautious and control your appetite for whatever excesses tempt you.

### ***Your Personal Month for March 2018 is 6***

Catherine, March is a 6 Personal Month in a 3 Personal Year. It brings family affairs and issues involving relationships to center stage. You may be asked to sacrifice some of your time and energy to help others. A parent or child may need more care and attention than usual. Answer the call and you will be rewarded with a wonderful experience of love and closeness.

Many people in the 3 Personal Rhythm Cycle will make a deep commitment of love, or even get married this month. At the same time, separation and divorce are also possible, since the theme of this month is commitment to your true feelings. Confrontations are unavoidable in all troubled relationships. While these trends may be difficult and painful, the forces are working at clarifying your relationships.

Your work situation will be rather demanding as more responsibility is transferred to you. However, the reward is right around the corner. (May and June will bring the pay-off.)

This month may be good financially, due to an earlier investment or from payments arriving from previously done work.

### ***Your Personal Month for April 2018 is 7***

Catherine, April is a 7 Personal Month in a 3 Personal Year. The month represents a pause for self-evaluation. It is a time of light and shadow, a month of contrasting moods. You may alternate between light-hearted optimism and periods of doubt and even depression. The time requires you to look within.

Meditate and contemplate your life. Such self-reflection will awaken deep feelings of gratitude for all the blessings bestowed upon you, including the greatest gift of all: your life itself.

During the first half of the month, you may feel the inner you begin to stir. Your dreams may be intense, graphic, and highly revealing. They are a source of insight if you care to listen. There is a sub-conscious attempt to communicate, not with others but with your own deeper self.

Let career, finances, and romance all take a back seat during this important spiritual time. You will be quite safe.

If possible, take some time off. At the very least, walk in the woods, sit at a lake, or otherwise bring yourself in close contact with nature. Keep a journal and write down your dreams, insights, and revelations. They will offer you insight into your life's direction.

### ***Your Personal Month for May 2018 is 8***

Catherine, May is an 8 Personal Month in Catherine, May is an 8 Personal Month in a 3 Personal Year. It brings financial rewards, as well as respect and recognition. This, of course, is proportional to the effort you have put out during the past year.

This is a month to focus on career, to be a visionary, and not to hold back when it comes to showing the world how capable you are.

For those who are in business, this is a good time to finalize deals and sign contracts. Investments are generally favorable, as are requests for loans, mortgages, or other methods of financial support. In all worldly matters, this is a time to reach out, to go for your goals. Do not be afraid to take a risk.

As far as matters of the heart are concerned, this is a time to take yourself and your feelings with a grain of salt.

Catherine, you are in a generous mode and feel blessed with so many good friends and such a wonderful lover, but when it comes to commitment, you may want to wait a couple of months when you are more realistic in these matters.

For those who are not involved in a relationship, a "co-incidental" meeting with a person from the past brings an exciting romance.

### ***Your Personal Month for June 2018 is 9***

Catherine, June is a 9 Personal Month in a 3 Personal Year and brings a bit of moodiness and instability. You have completed many tasks and enjoyed many rewards during the first half of the year, and now you may be feeling a bit empty -- not unlike the fatigue one has the day after a party. It may be a minor case of burn-out, but for reasons you cannot really put your finger on. It is a time to let go of many old things and prepare for the new.

You have had a number of good ideas during the first part of the year. You have been motivated and experienced much excitement, but not all of your ideas proved realistic. Now reality forces you to take a second look at your projects and goals in a new light. It's a weeding out period.

The positive side of the coin is that, by the end of this month, you'll have a clearer perspective on your direction and projects. You'll know where to place your energy during the second half of the year. While you may find yourself going through some ups and downs during the course of this month, you also feel the first trembling of new excitement.

This month also brings a concluding chapter to one or more relationships, which may cause additional emotional turmoil. However, you are going through a time of natural selection; what is worth holding on to will stay. The rest will go.

### ***Your Personal Month for July 2018 is 1***

Catherine, July is a 1 Personal Month in a 3 Personal Year. It is a time of dynamism, courage, and eagerness to begin the new. Last month's blues are gone and you feel you are on top of the world. You are more original and creative than at any time of this already creative year.

Many of those in a 3 Personal Rhythm Cycle may finally break out of unrewarding patterns. Some may even make career changes, or start their own businesses. This is not a time to be squeamish in any area of your life -- be it money, career or romance. You may experience an urge to write, paint, or express yourself in some other creative way. By all means, take on the challenge.

If you are not already involved, you may well meet someone special, but the relationship, while intense and passionate, may not be a lasting one.

This is a month that will also bring opportunities to mingle with new acquaintances at social events. You will be outgoing and witty. These are great opportunities to make lasting contacts which will help your career and other endeavors.

A warning to the easily excitable: don't brag about your plans and accomplishments. The effect may backfire.

### ***Your Personal Month for August 2018 is 2***

Catherine, August is a 2 Personal Month in a 3 Personal Year. It requires a sensitive and cooperative attitude at work and in all other areas. You are upbeat and optimistic during the early part of this month but an anticipated reward or recognition may go to someone else, much to your dismay.

Your challenge is to set the record straight by using your diplomatic skills. Do not allow anger to alienate you from those involved. Otherwise, relationships go favorably this month.

You are in a position to smooth out some long-standing disagreements between people close to you. Often, these disagreements do not involve you directly. You have the opportunity to serve as a peacemaker.

Romance is also strongly represented and highly favorable. Catherine, your feelings are strong and your ability to communicate these feelings is enhanced. A good month to spend some extra time with your lover.

### ***Your Personal Month for September 2018 is 3***

Catherine, September is a 3 Personal Month in a 3 Personal Year for you and your creativity is at an all-time high. You find solutions and discover new ways to improve old methods.

You are communicative and express yourself well. You have a strong urge to write to old friends you haven't seen in some time. This need to re-establish relationships with people may even surprise you.

At work, you discover that it is easy to reach others and influence the way they feel about themselves and their work.

You uplift them and are rewarded with gratitude and support.

This is a time to be social, easy-going, and optimistic.

### ***Your Personal Month for October 2018 is 4***

Catherine, October is a 4 Personal Month in a 3 Personal Year. It requires you to be practical and disciplined in all matters. It brings opportunity as well as limitations.

Career is a high priority and you will find yourself putting in overtime. Details will need to be taken care of. There is very little room for slacking, and everyone may be making demands of you. You may feel frustrated and need to blow off steam.

On the other hand, there is also much opportunity implicit in these demands and you will be pleasantly surprised with the rewards that come your way late in the month. You'll have to respond quickly. You may feel that you are not ready to take on the new challenge that comes with this opportunity, but if you overcome this temporary lack of confidence you will be well rewarded.

This month is demanding in domestic affairs, as well.

There is an ongoing need to watch finances carefully, make decisions concerning your budget, and plan for the future. If you have not been keeping a close eye on your checkbook, Catherine, this month will force you to balance your account and make up for haphazard expenditures of the past.

There's not a whole lot of time for romance this month, but when you can find the time, your partner's love brings perspective and rejuvenation.

### ***Your Personal Month for November 2018 is 5***

November is your second 5 Personal Month in a 3 Personal Year, and as before it brings change, excitement, and possibly a financial boost. The 5 brings movement -- travel, a change of residence or office, perhaps.

You will receive a letter or phone call from someone close to you whom you haven't heard from in some time.

This month should be light and playful. Try not to take things too seriously. The down-side of this combination (5 and 3) is in the area of relationships. You may have a tendency to misread others, to be a little insensitive and short on tact. Avoid confrontations in personal matters as well as those related to work. As long as you are upbeat and supportive, friendship and social events are favorable.

As was the case with February of this year, November may also find you in the mood to indulge yourself. Moderation may be hard to maintain, but it's still the best advice.

### ***Your Personal Month for December 2018 is 6***

Catherine, December is a 6 Personal Month in a 3 Personal Year. The month stabilizes your work-environment, but requires that you work on your relationships and family affairs. You will be in the unique position to counsel and support someone in your circle of friends and family with immediate and positive result.

It will be one of the most rewarding experiences of this year for you.

A promotion or a raise are possible, as is an increase in your workload.

This month is good for business and financial affairs, particularly for long-term planning and investment. If you are involved in legal affairs, the time is right to surge ahead.

Romance is also favorable. Commitments bring stability. For those who have become involved in a relationship during the course of this year, this is a good month to exchange vows.

This should be a wonderful time for most of those who are in the last stage of this 3 Personal Year. The holidays bring family and friends together, for much love and the rewards of the season.

### ***Your Personal Month for January 2019 is 5***

Catherine, January is a 5 Personal Month in a 4 Personal Year. You experience some self-doubt related to your work situation. You may question your direction. This frustration will be in the background for most of the year, but this month particularly feels a little bit out of control. However, hidden forces are guiding you carefully and your best approach is to persevere.

Later this month, or early next month, an opportunity will come your way that represents a step forward in your career.

This month also brings some unexpected changes in other areas of your life; possibly an unexpected trip. Be cautious in all financial affairs.

Catherine, your family members demand a lot of attention and much practical guidance is required from you. They look to you for direction.

Social events are favorable, particularly when they are work-related. You will make a very positive impression on someone who can help you move forward.

If married or involved, maintain harmony and avoid rocking the boat.

### ***Your Personal Month for February 2019 is 6***

Catherine, February is a 6 Personal Month in a 4 Personal Year. It brings an increase in responsibility and workload. You receive recognition for your efforts and abilities, and probably a financial increase, as well.

Perhaps even more important is the role friends and family play during the period. Loyalty and a willingness to sacrifice time and energy to your loved ones are needed.

You, in turn, receive comfort and satisfaction from their obvious love for you. It is a time of love, warmth, and a strengthening of the bonds that form the foundation of your life. It is also a good time to start domestic projects, such as minor remodeling and home repair.

If you are not married and are not involved in a relationship, you may meet someone who catches your interest. In this case, the relationship will develop slowly but will endure. Catherine, your focus should be on being dependable and active.

There is no room for procrastination. Your health improves during this time.

### ***Your Personal Month for March 2019 is 7***

Catherine, March is a 7 Personal Month in a 4 Personal Year and should bring some significant changes in your outlook. Indeed, the month is filled with the mystery of life.

You are aware that you are developing spiritually. This is not a good time to deny important issues in your life, or be superficial about significant matters. Your dreams are vivid and if you take some time immediately after awakening to

contemplate their meaning, you have the potential to gain some insights that uplifts you and raises your confidence in your life's direction.

You are mentally sharp and creative. You solve problems and gain insight into things that have floated in the background of your consciousness for some time.

It is a period of hard work -- possibly overtime -- juxtaposed with much soul-searching and the need for quiet contemplation.

You may be offered an opportunity to become involved in a new endeavor. Be careful with anything that promises a fast return. This year, long-term projects are far more favorable than get-rich-quick-schemes, or short-term gambles.

Your need for peace and quiet during this month may make your friends and family members wonder whether you have some problem that you are not willing to share.

### ***Your Personal Month for April 2019 is 8***

Catherine, April is an 8 Personal Month in a 4 Personal Year. It promises to be rewarding financially as well as in other areas of life. There is a catch: It is essential to take care of details, to be reliable, and to keep things organized. If you allow yourself to get sloppy in any of these areas, the results could be disastrous. Still, the combination of numbers

(8 and 4) gives you ample support in all efforts at organization and management.

Respect, recognition, financial reward come to those who are careful. Financial problems and struggle (some may even experience bankruptcy) come to those who are careless. The more you stay clear and focused, the higher the rewards will be.

Relationships that are not related to work are not a high priority this month. Catherine, your attention should be given towards career and finances, as well as to people who play important roles in those areas of your life. The advice for this month is to get up early, put your nose to the grindstone, be organized, and don't hesitate to move yourself to the foreground in your work-environment. If you are due for a raise, ask for it. If a business associate is not fulfilling his/her duties, confront that person. If a payment is due, call it in.

### ***Your Personal Month for May 2019 is 9***

Catherine, May is a 9 Personal Month in a 4 Personal Year and may introduce some emotional turmoil due to a relationship gone awry.

A friend or co-worker has let you down. Your trust has been damaged and you realize that this is not just a temporary disappointment but the conclusion of the relationship. While you have reason to be angry, you should avoid self-righteousness.

You may want to remember that you are not without fault. This allows the anger and disappointment to turn into understanding and forgiveness, even if the situation can not be saved.

As a way of healing this type of wound, life may offer you the opportunity to become involved in a good cause. Sacrificing some of your time and energy will prove very rewarding and will deliver some benefits that are not immediately obvious.

This month, your health requires some special attention, particularly your digestive tract. Watch what you eat. Avoid excesses.

It is possible that your career is heading for a change of direction, which may be of some concern for you. Look to next month for some insight into that aspect of your life.

### ***Your Personal Month for June 2019 is 1***

Catherine, June is a 1 Personal Month in a 4 Personal Year. It gives you a new start in some area of your life, perhaps career, or a some new project or endeavor.

This is a month of promise and opportunity. Your energy-level increases, as does your excitement for your new direction.

This period requires courage and flexibility. You should also be more verbal: Express your thoughts and feelings; inspire and motivate others to follow your lead.

You may have a difficult time relaxing or enjoying yourself outside working hours. But it's important that you do just that.

An attraction to someone at work may signal danger to you. Even if you are committed, this attraction will prove quite powerful. Be careful. It may damage your future in many ways, not least of which is your career. Consider postponing any action in this area.

### ***Your Personal Month for July 2019 is 2***

Catherine, July is a 2 Personal Month in a 4 Personal Year. At this time, your relationship with the people in your work or business environment is extremely important. You will need to be sensitive to their needs and desires and you will probably be called upon to play the role of mediator in a conflict between some of these people. Your success in that role will directly affect your future.

You may be disturbed by these new challenges because they emerge at a time when your workload is considerable. However, you are more sensitive and better able to discern the true basis of the conflict this month.

Catherine, your enhanced sensitivity also helps you in other areas of your life.



Romance is strongly represented but should be kept out of the work environment, which may not be an easy thing to do.

You may have the opportunity to go to a concert or some other musical event and because of your enhanced sensitivity, such events will prove very therapeutic.

Pamper yourself in healthful ways, such as massage, a new exercise and dietary regime, or some time near the ocean, in the mountains, in the forest.

### ***Your Personal Month for August 2019 is 3***

Catherine, August is a 3 Personal Month in a 4 Personal Year and is a good time for some relaxation. You will find your workload a little less demanding and may want to take some time off.

You are upbeat and optimistic and able to inspire and uplift others. Do not take matters so seriously this month. It's a time of enhanced creativity and practical application.

You are original in your approach to problem-solving. You receive inspiring ideas and are able to turn some of them into reality. You impress others with your deep understanding of the issues.

This month also brings spiritual realizations and insights.

You are more aware of the underlying forces that are at play in your life and in the world around you.

The challenge of this month is in overcoming a fear. Catherine, you may find yourself confronting some injustice. It may be necessary to meet that injustice alone. Stand up for yourself!

Be wise, but do not seek to avoid the issues.

### ***Your Personal Month for September 2019 is 4***

Catherine, September is a 4 Personal Month in a 4 Personal Year. Six months or a year from now, you will look back at this month and realize that in some way it represented a turning point on your path to success.

However, you may feel frustrated during this month and wonder why everything is moving so slow. In a way, it seems that life has you in a straight-jacket, but in fact you are being protected from yourself. The emphasize is on the irritating and seemingly unnecessarily details. You are forced to deal with things you consider a waste of time. These loose ends can no longer be ignored, but you feel frustrated by the limitations of time and the massive amount of work.

The situation is, in fact, two-sided: One side is effort, the other reward. You are being prepared to take full advantage of a string of opportunities that will begin next month, and will continue all next year. The challenge for you is to keep up. For that reason, you must finish the work in front of you now, to make room for

the opportunities to come.

Meanwhile, guard your health, especially against the effects of stress and frustration. Catherine, you would do well to eat healthy foods and in a regular and orderly fashion. Go to bed early; read to widen your view and escape. Do not dwell on the negative. Leave affairs of the heart to themselves for a while, until this intense period passes.

Late this month, you will start to see the light at the end of the tunnel, but looking back you will be grateful and relieved that you took on this process of re-organizing the basics in both, your work and your personal life.

### ***Your Personal Month for October 2019 is 5***

Catherine, October is a 5 Personal Month in a 4 Personal Year. It brings opportunity and change. You may be asked to go on a trip related to work or business. This trip is unexpected but will bring very positive results. Another possibility is that you are offered a transfer and promotion. Either way, there will be changes in your environment.

Now is the time to take some chances, to promote your self unabashed, and to reach out to other possible sources of income. If you are in sales or business, this is one of the most promising times of your life. If your work is more service-oriented, you may receive a long-awaited promotion.

Friends and family members are supportive. Romance is exciting. This is a dynamic month in all respects and will wipe away the frustrations of last month. However, a warning is in place: You may have a tendency to make impulsive decisions, to be a little irresponsible, and to put your foot in your mouth. This hectic and dynamic month brings with it some chaos, and restraint is needed in order to maintain some control over the events.

### ***Your Personal Month for November 2019 is 6***

Catherine, November is a 6 Personal Month in a 4 Personal Year. It offers the chance to strengthen your foundation in life. You pay close attention to the needs of your family and circle of friends. You are serious and responsible in all matters related to career and receive recognition and respect for that.

Financially, this could be a good month with an unexpected reward coming sometime during the last week. In many ways, this month brings blessings and can be very satisfying.

Your workload is considerable but doesn't burden you as much as it did during other times of this year. You have the energy and feel confident that you are now moving in the right direction. Feelings of insecurity and frustration that loomed so prominently during most of this year are disappearing. Catherine, your friends and family members display strong signs of loyalty and feelings are expressed

more freely. One or more of your friends or relatives needs a boost and comes to you for help. You are happy with the opportunity to help out in a practical way as well as with moral support. You play the role of (m)patriarch.

The only troubling experience during this month will be the need to deal diplomatically and tactfully with a long-standing problem, perhaps with someone at work. A basic personality conflict has been the cause of friction between you and a co-worker, and this can no longer be ignored. Tension will come to a head but there is an opportunity to turn a difficult relationship into one of tolerance and mutual respect.

### ***Your Personal Month for December 2019 is 7***

Catherine, December is a 7 Personal Month in a 4 Personal Year. It's a fitting end for this year. You now enter a period of introspection, contemplation, and meditation, similar to that experience in March. December focuses you on inner-growth and soul-searching. However, that is where the similarities end.

December is a much more comfortable time for such an inward-journey and expansion of your consciousness. There will be plenty of opportunity to withdraw, to seek the quiet. Whether you enjoy this time depends on whether you value such an experience.

This has been a year of hard work and, at times, frustration, but the work will pay off. You are now more aware of that, and even that the year was well-spent.

Understanding the value of day-dreaming and contemplation is more difficult as a result of this society's emphasize on action and result. However, the quiet, "un-productive" times of this month will be at least as rewarding, spiritually as well as practically. It allows for deep inner-contentment and a fuller awareness of the love and goodwill of others.

Only the 4 Personal Year closes with such a beautiful and fitting counter-balance to a difficult and busy year.